



# Care Team Contact Tracker

Everyone involved in your pet's care, in one place

**PETSLIKEMINE**  
ARTHRITIS & MSK SPACE

PET NAME

KEY CONDITIONS & CURRENT TREATMENTS

Chronic care often involves several professionals, and their details end up scattered across your phone, your emails, and your memory. Keep them here instead, so coordination is easier and **anyone in your household can find the right number fast**. Keep this somewhere accessible, and bring it to appointments.

ROLE	NAME, PRACTICE & WHAT THEY TREAT	PHONE	LAST SEEN	NEXT DUE
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**Primary vet**

**Emergency vet**  
OUT OF HOURS

**Specialist**  
REFERRAL

**Physiotherapist**  
ACPAT / IRVAP

**Hydrotherapist**  
CHA / NARCH

**Acupuncturist**  
ABVA VET

**Other therapist**

**Pharmacy**

Blank rows are for anyone else on your pet's team — a nutritionist, a groomer, a sitter who gives medication, or a second specialist.

**How to use.** You won't have all of these, and that's normal — fill in the ones that apply. Complete the emergency vet row even if you hope never to need it; in a crisis, it's the line everyone reaches for first. Update the last-seen and next-due dates as you go, so the care rhythm stays visible at a glance.

**ONE TEAM,  
ONE PLACE.**